



# North Hartford Ascend Pipeline

Funded by the U.S. Department of Education

March 15, 2023



North Hartford  
Ascend Pipeline



This meeting is being recorded and the recording will be posted on the Connecticut Children's website.

---

# Incentive

---

# Agenda

- Welcome
- Ascend Partner Employment Opportunities & Events
- Ascend Overview
- Result 6 (Data)
- Ascend Partners
  - Hartford Public Schools
  - Connecticut Children's - Healthy Homes and N.E.A.R.
- Breakout Session
- Next Steps and Closing Remarks

# Employment Opportunities

---

Executive Director, North Hartford Partnership

<https://www.northhartfordpartnership.org/careers>

Program Coordinator, North Hartford Ascend Pipeline

<https://recruiting.adp.com/srccar/public/RTI.home?d=External&c=1122041#/>

Swift Building Operator, Full Time

[Full Time Building Operator at Community Solutions \(breezy.hr\)](#)

Swift Building Operator, Part Time

[Part Time Building Operator at Community Solutions \(breezy.hr\)](#)

Community Solutions, Hub Manager

[Hub Manager, Northeast Neighborhood Partnership at Community Solutions \(breezy.hr\)](#)

# Community Events

---



## Housing Resource Fair

Information for Renters, Homeowners, and Landlords

**March 18th**

**9:30 - 12**

Parker Memorial Community Center  
2621 Main Street, Hartford, CT 06120

The Event is free & all are welcome

### Learn about the following programs

- Financial Stability and Money Management
  - Landlord & Tenant Rights
- City of Hartford: Housing Preservation Loan Fund
  - Lead Hazard Remediation Program
- Connecticut Childrens: Healthy Home Program
  - Emergency Homes Repair
  - Fair Housing & Foreclosure Help
- Loan Products for Energy Efficiency, Health & Safety Improvements

### In Partnership With:



# Car Seat Clinic

Monday's

3/20/23, 4/17/23, 5/15/23, 6/19/23, 7/17/23,  
9/18/23, 10/16/23

12:00p.m. — 4:00 p.m.

Come and get your car seat checked!

SAFE  
K:DS  
CONNECTICUT



Connecticut  
Children's

Offered in cooperation with Connecticut Pediatrics & Diaper Day in the parking lot of CHC, 76 New Britain Ave, Hartford, Conn.

Pre-registration saves waiting time! Make an appointment by emailing [esagan@connecticutchildrens.org](mailto:esagan@connecticutchildrens.org) or calling (860) 837-5319 .



# Car Seat Clinic

Saturday's

5/20/23, 7/15/23, 9/16/23, 10/21/23

8:30a.m. — 11:30 a.m.

Come and get your car seat checked!

SAFE  
KIDS  
CONNECTICUT



Connecticut  
Children's

Offered in cooperation with the

Joan C. Dauber Food Pantry Diaper Day in the parking lot of  
Mount Sinai, 679 Tower Ave., Hartford, Conn.

Pre-registration saves waiting time! Make an appointment by emailing  
[esagan@connecticutchildrens.org](mailto:esagan@connecticutchildrens.org) or calling (860) 837-5319



Saint Francis Hospital  
Trinity Health

# F.A.C.E.S COMMUNITY CONVERSATION

## Topics to be Covered:

- Bullying: what is happening? What can we do about it?
- Chronic absenteeism

Previous Meetings  
Topic: Culture Climate Survey

Food, Spanish translation, and childcare will be provided!

F.A.C.E.S is a new parent group, led by parents! We are hoping to increase parent engagement to hear more voices to enhance students' experiences!

**March 30th, 2023**  
**Classical Magnet**  
**85 Woodland St, Hartford**  
**5:00-6:30pm**

[Register here!](#)



**Join Us!!**

For the questions and/or concerns please contact Viviana Alvarado  
860-895-8719  
alvar001@hartfordschools.org

# CONVERSACIÓN COMUNITARIA F.A.C.E.S

## Temas a cubrir:

- Acoso escolar (bullying)
- Absentismo crónico

Temas de reuniones anteriores: Encuesta de clima cultural

¡Se proporcionará comida, traducción al español y cuidado de niños!

¡F.A.C.E.S es un nuevo grupo de padres, dirigido por padres! ¡Queremos aumentar la participación de los padres para escuchar más voces y mejorar las experiencias de los estudiantes!

**30 de marzo de 2023**  
**Escuela Classical Magnet**  
**85 Woodland St, Hartford**  
**5:00-6:30 p. m.**

[Regístrate aquí!](#)



**¡Únete a nosotros!**

Para consultas y/o inquietudes por favor comunicarse con Viviana Alvarado  
860-895-8719  
alvar001@hartfordschools.org

# 2023 HARTFORD MAYORAL YOUTH-LED FORUM

## Youth Voice Matters!

Join us in a youth-led forum where young people from the Hartford community ask Hartford Mayoral Candidates pressing questions about issues that matter to THEM.

### Meet the Candidates...

Arunan Arulampalam  
Senator Eric Coleman  
Renardo Dunn  
Senator John Fonfara  
Tracy Funnye  
Councilman Nick Lebron  
J. Stan McCauley

Thursday, April 27th  
5:30-7:30 PM

Hartford Public  
High School  
55 Forest St, Hartford

Register  
Today!



Registration  
required

visit [www.EventBrite.com](http://www.EventBrite.com)  
Hartford Mayoral Youth  
Forum

For more information, contact Chelsea Reis ([chelsea.reis@opp.org](mailto:chelsea.reis@opp.org))  
or Amilcar Hernandez ([amilcar.hernandez@opp.org](mailto:amilcar.hernandez@opp.org))

PRESENTED BY:



Early Childhood Learning Center (ECLC)

**Now accepting  
preschool  
applications!**



**Call today: (860) 539-4770**



# North Hartford Ascend Pipeline

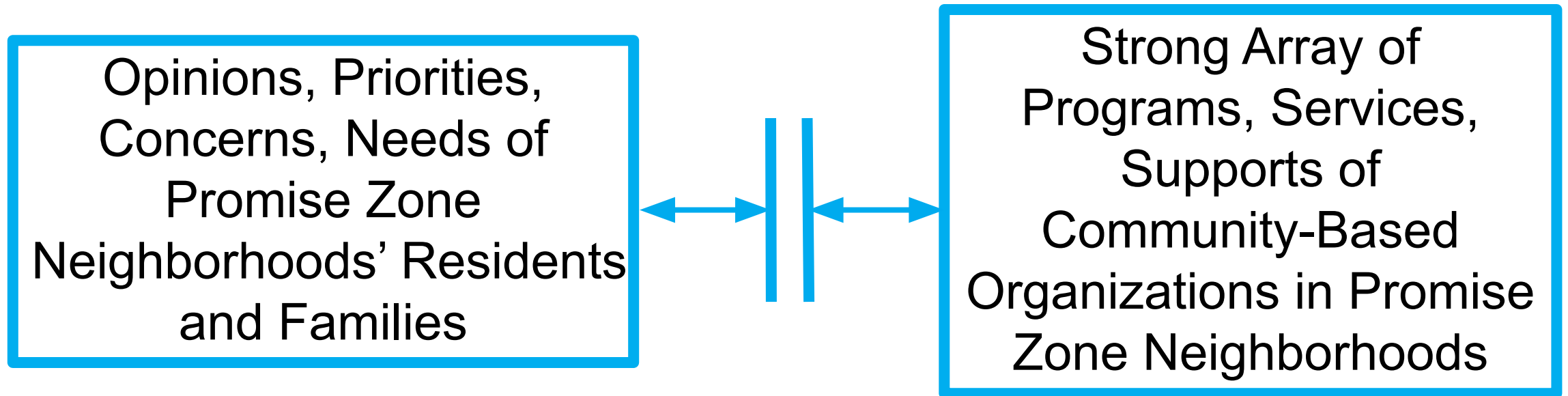
---

## Why are we here?

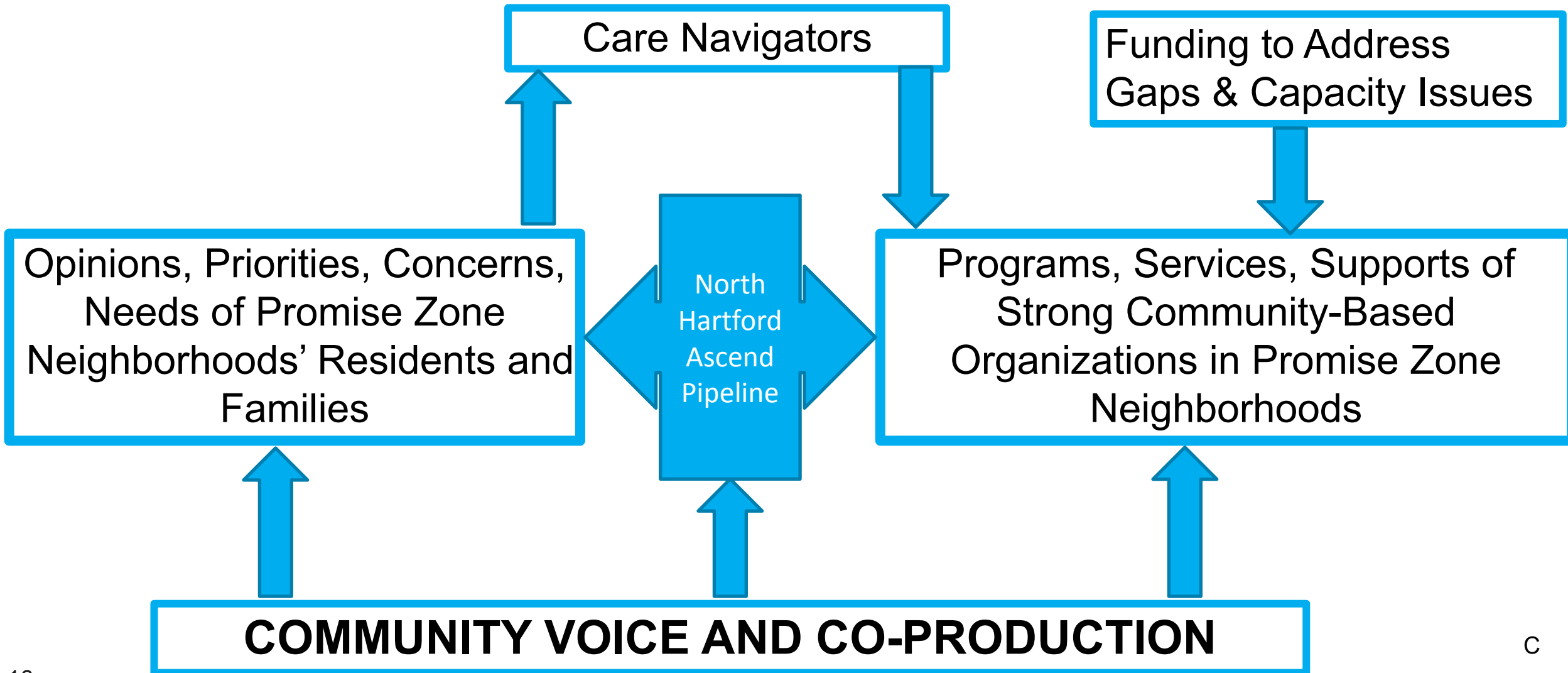
---

To collaboratively build an integrated and coordinated pipeline of services and supports that helps children and families reach their full potential.

# Current State

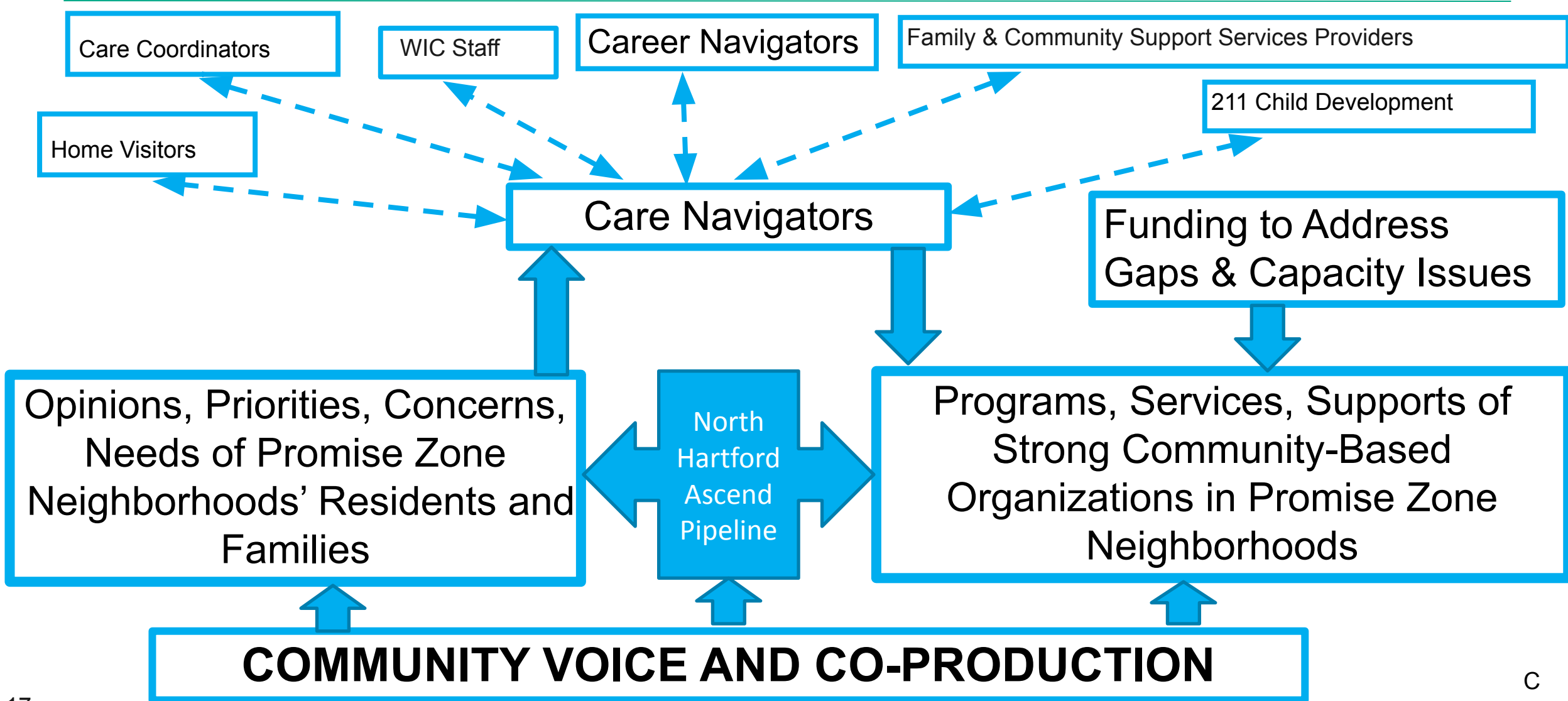


# Ideal State-Ascend Pipeline





# Ideal State-Ascend System Building



# U.S. DOE Promise Neighborhood Program Results

Students. . . .

Enter kindergarten ready to succeed in school.

Are proficient in Math and English Language Arts.

Successfully transition from middle to high school.

Graduate from high school.

Obtain post-secondary degrees, certifications, or credentials.

Are supported by families and communities in their learning.

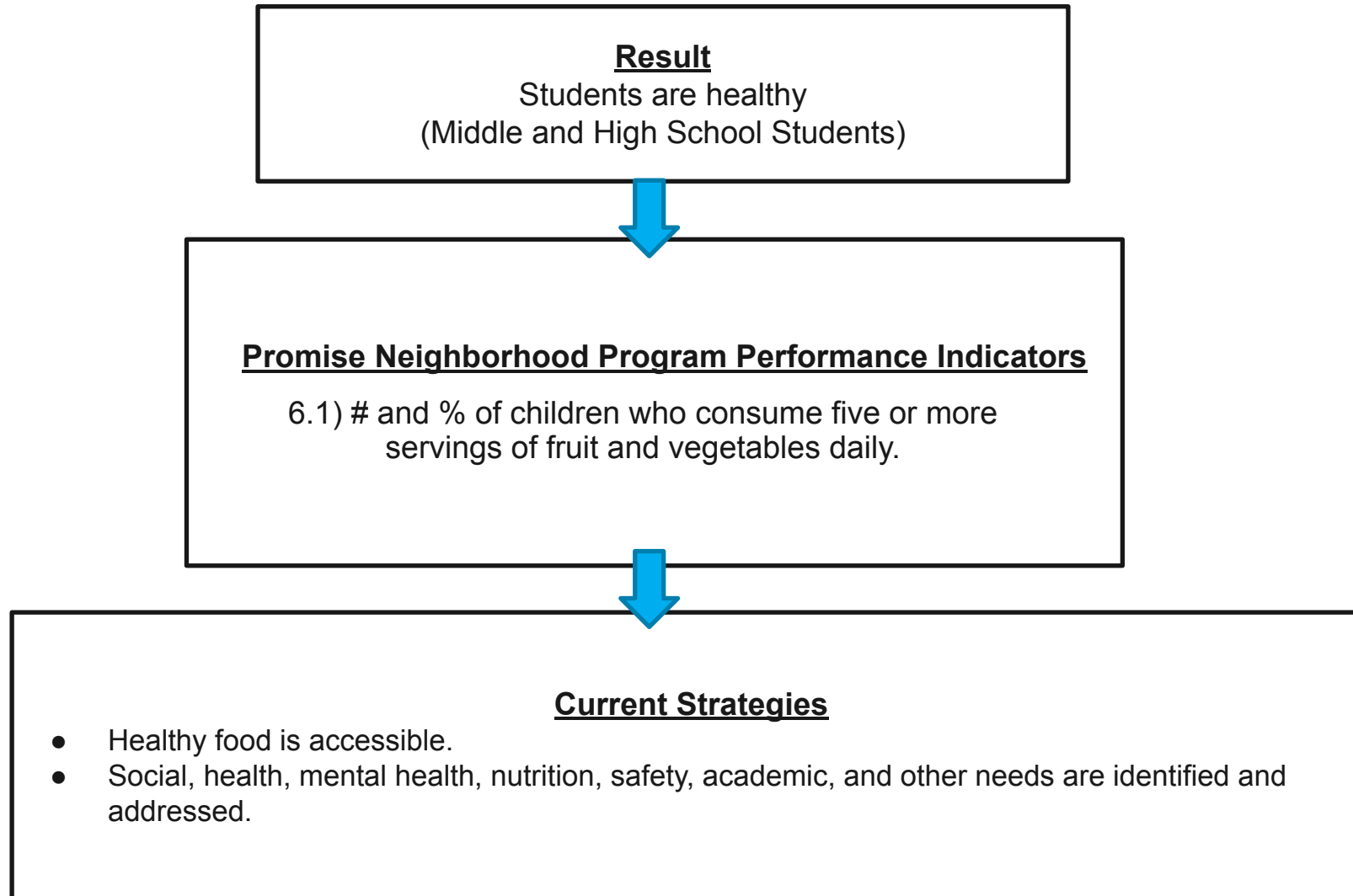
Are healthy.

Feel safe at school and in the community.

Live in stable communities.

Have access to 21<sup>st</sup> century learning tools.

# Promise Neighborhood Program Result



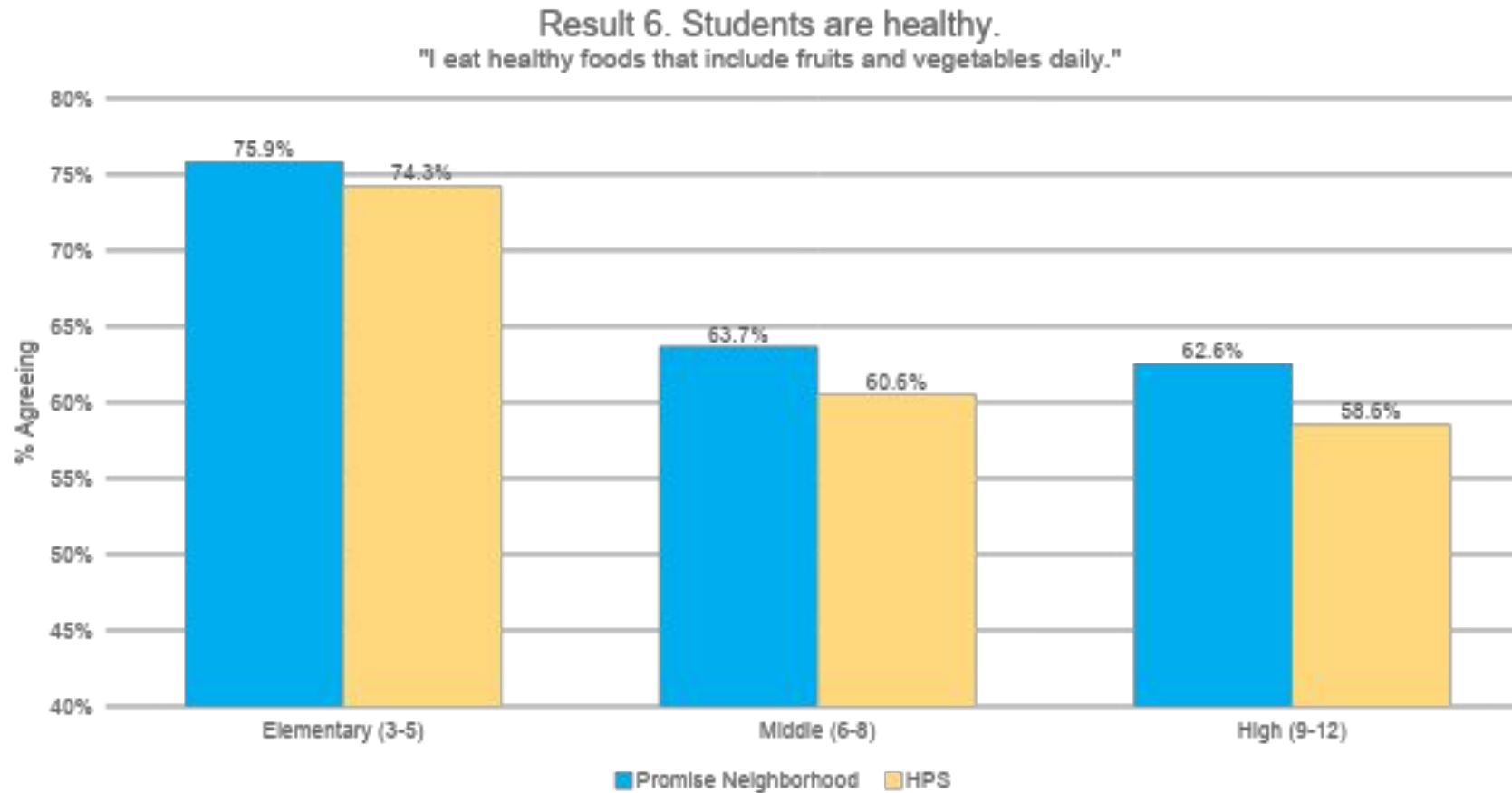
## *Result 6. Students are healthy.*

---

***Number and percentage of children who consume five or more servings of fruits and vegetables daily.***

- Administered to students (in 3<sup>rd</sup>-12<sup>th</sup> grades), parents/caregivers, and staff in October and June each year
- 42 items on each survey
- Population = students in grades 3-12 attending the following HPS North Hartford Promise Neighborhood schools
  - Fred D. Wish Museum Elementary School,
  - Sand Elementary School,
  - M.L. King, Jr. Middle School,
  - Thomas Milner Middle School,
  - Weaver High School
- “I eat healthy foods that include fruits and vegetables daily”: Agree, Neutral, Disagree

# HPS Survey Results (Fall 2022)



# Example Pipeline Programmatic Solutions

- Connecticut Children's - **Healthy Homes**
- Connecticut Children's Care Network- Educating Practices (EP)
- Connecticut Children's - Injury Prevention Center
- Asthma Center/CT Children's - Easy Breathing
- Asthma Center/CT Children's - Easy Breathing for Schools
- Connecticut Children's - Starting Childhood Off Right (SCOR)
- The Village for Families & Children - School Based Support
- City of Hartford HHS - "Hartford Healthy Family Initiative (HHFI) Nutrition Program"
- City of Hartford DFCYR - North Hartford Community Health and Wellness Fair
- Hartford Public Schools – Food Services
- University of Connecticut Health Center - Hartford Youth HIV Identification and Linkage Consortium (HYHIL)
- University of Connecticut Health Center/ CT Children's - Pediatric, Youth and Family HIV Program

# Questions to Ask Ourselves

- What are other important health outcomes for children in the Promise Neighborhood that we need to track?
  - Mental and Behavioral Health
  - Injury/ER Visits
  - Asthma and related illnesses
  - Access to fresh/healthy foods
  - Social-emotional wellbeing
  - Health related absences from school
- What are the root causes?
- What programmatic solutions already exist to address this issue? What are they doing to address it and how much/how well are they doing it?
- What else can we do to improve student health?



# Ascend Partners

- CT Children's – Center for Care Coordination
- CT Children's – Starting Childhood Off Right
- CT Children's – Hartford HIV Youth
- City of Hartford – Hartford Healthy Family City of Hartford – North Hartford Community Health and Wellness Fair
- City of Hartford – Envision Center at Parker Memorial
- City of Hartford & Capital Workforce Partners – Hartford Opportunity Youth Collaborative
- Community Health Services – Pediatric and Family Health and Behavioral Health Services
- Community Health Services – Healthy Start
- Hartford Public Schools – Food Services
- InterCommunity – Pediatric and Family Health and Behavioral Health Services
- InterCommunity – Parents Recovering from Opioid Use Disorders (PROUD) Program
- United Way of Central & Northeastern CT – Community-Centric Marketing and Communication
- United Way of Central & Northeastern CT – Peer Outreach Initiative
- United Way of Central & Northeastern CT – Community-Based Organization Capacity Building
- United Way of Central & Northeastern CT – Resident Leadership
- United Way of Central & Northeastern CT – North Hartford Triple Aim Collaborative
- Village for Families & Children – Women's Recovery, Engagement, Access, Coaching, Healing (REACH)
- Village for Families & Children – Child & Team Outpatient Behavioral Therapy
- Village for Families & Children – Hartford Family Centers
- Village for Families & Children & Other Providers – Family Navigation Services Provision
- Wheeler Clinic – Pediatric and Family Health Services and Behavioral Health Services
- Wheeler Clinic – Wheeler Infant and Early Childhood Mental Health Program

# Hartford Public Schools

---



# Hartford Public Schools

Food and Child Nutrition Services

***Lonnie Burt***  
***March 15, 2023***





# Food & Child Nutrition Services

**A Well-Nourished Child is a Student who is Ready to Learn**





- National School Lunch
- National School Breakfast
- After School Snacks
- At-Risk Supper
- Summer Food Service
- USDA Foods
- DoD Unprocessed Pilot



*School Breakfast Calorie Range*



**School Breakfast Calorie Range Average Calories/Week**

<b>Grades K–5</b>	<b>Grades 6–8</b>	<b>Grades 9–12</b>
350–500	400–550	450–600

*School Lunch Calorie Range*



**Reimbursable Lunch Calorie Range Average Calories/Week**

<b>Grades K–5</b>	<b>Grades 6–8</b>	<b>Grades 9–12</b>
550–650	600–700	750–850

*Required Food Components Offered  
for Lunch*



**Fruits (F)**

**Vegetables (V)**

**Grains (G)**

**Meats/Meat  
Alternates  
(M/MA)**

**Fluid Milk**



*Food Components Offered for  
Breakfast*



**Fruits (F)**

**Grains (G)**

**Fluid Milk**



## **Reimbursable School Breakfast Fruit Component**

	<b>Daily Minimum Requirements Offered</b>	<b>Weekly Minimum Requirements Offered</b>
<b>Grades K–5</b>	1 cup	5 cups
<b>Grades 6–8</b>	1 cup	5 cups
<b>Grades 9–12</b>	1 cup	5 cups



## Reimbursable School Lunch Fruit Component






	Daily Minimum Requirements Offered	Weekly Minimum Requirements Offered
<b>Grades K–5</b>	½ cup	2 ½ cups
<b>Grades 6–8</b>	½ cup	2 ½ cups
<b>Grades 9–12</b>	1 cup	5 cups



<b>Reimbursable School Lunch Vegetable Component</b>		
	<b>Daily Minimum Requirements Offered</b>	<b>Weekly Minimum Requirements Offered</b>
<b>Grades K–5</b>	$\frac{3}{4}$ cup	3 $\frac{3}{4}$ cups
<b>Grades 6–8</b>	$\frac{3}{4}$ cup	3 $\frac{3}{4}$ cups
<b>Grades 9–12</b>	1 cup	5 cups

*Subgroup Weekly Requirements*



						<b>Additional vegetables to meet weekly requirements</b>
	<b>Dark Green</b>	<b>Red/Orange</b>	<b>Legumes</b>	<b>Starchy</b>	<b>Other</b>	
<b>Grades K–5</b>	1/2 cup	3/4 cup	1/2 cup	1/2 cup	1/2 cup	1 cup
<b>Grades 6–8</b>	1/2 cup	3/4 cup	1/2 cup	1/2 cup	1/2 cup	1 cup
<b>Grades 9–12</b>	1/2 cup	1 1/4 cups	1/2 cup	1/2 cup	3/4 cup	1 1/2 cup

## Average Daily Meal Counts



School	Enrollment	Breakfast ADP	Lunch ADP	Afterschool Snack ADP	Supper ADP
MLK	243	94	171	n/a	30
Milner	306	111	218	62	50
SAND	306	173	241	69	54
Weaver	619	138	298	n/a	36
Wish	319	189	246	36	42

**ADP = Average Daily Participation  
Data from March 2023**

*Contact Information*



**Lonnie Burt**

Senior Director- Food and Child Nutrition Services  
860-695-8491

[burty001@hartfordschools.org](mailto:burty001@hartfordschools.org)

<https://www.hartfordschools.org/food-nutrition/>

**Welcome Center**

Judith Fagan- Director  
860-695-8400

<https://www.hartfordschools.org/the-welcome-center/>



# Healthy Homes & Neighborhood Environmental Assessments Restoration (N.E.A.R.)

---

Esther Figueroa, Program Manager  
Amalyn Morales, Program Coordinator



## What do we do?

Improve the living conditions for families by conducting inspections and addressing hazards in homes. During the inspection, we look for:

- Mold Growth
- Asbestos & Radon
- Carbon Monoxide
- Unsafe stairs/ Broken hand rails
- Pests
- Electrical Hazards
- Tripping Hazards
- Lead ([Healthy Homes Only](#))
- Lead windows/doors



## Who do we serve?

Healthy Homes serves all of CT, including Hartford.

N.E.A.R. serves Hartford with a focus on the North Hartford Promise Zone.

To qualify:

- Home must be built before 1978 for lead treatment. ([Healthy Homes only](#))
- Commit to owning the property for at least three years after the project is finished.
- Owner must follow federal fair market rent guidelines.
- Owner/ Residents must follow residential income limits.
- Owner must give priority to families with children under the age of 6. ([Healthy Homes only](#))



## What to expect

- Learn what it means to maintain a healthy home and how lead can impact health.
- Connections families to community resources, when need it.
- Develop a scope of work and coordinate bids.
- Work with licensed contractors.
- A grant to fund projects; forgiven after 3 years.
- Relocation education.
- Bilingual services available.

## How to get connected/ How to reach us

Our website:

[www.connecticutchildrens.org/healthyhomes](http://www.connecticutchildrens.org/healthyhomes)

Or call 860-837-6237



# Breakout Session

---

# Ground Rules for Breakouts

- Everyone deserves to be heard and everyone should have an opportunity to speak.
  - Online: Keep your camera on (if possible), and keep your mic muted unless you are speaking.
- Listen and respond respectfully.
- Stick to the issue – time is limited, so let's value each other's time.
- Respect each other's privacy – keep personal stories in the group.
- Successful dialogue is the responsibility of all participants.
- Is there anything we need to add?

# Discussion Questions

1. What additional outreach strategies should Connecticut Children's Healthy Homes and N.E.A.R. use to connect with community residents?
2. What would you like to see from HPS Food Services?
3. What else would you like to know that wasn't shared today?
4. What additional partners should Ascend include to help implement the Ascend strategies?

## **Ascend Strategies**

- Healthy food accessible
- Social, health, mental health, nutrition, safety, academic , and other needs are identified and addressed.

## **Current Ascend Partners**

- Review slide 21

# Thank You!

- **Upcoming meetings: April 19, 2023**
- **Please take our survey!** [Community Conversation Date Planning March - June 2023: North Hartford Ascend Pipeline \(google.com\)](#)
- We encourage you to invite 2 or 3 community members to future Community Conversations - email [nhap@connecticutchildrens.org](mailto:nhap@connecticutchildrens.org) to join the mailing list.
- An incentive is available to Hartford community members participating in this meeting. The link is posted in the chat and will be sent out via email. Contact Ally McGinty at [amcginty@unitedwayinc.org](mailto:amcginty@unitedwayinc.org) with any questions.
- Please take the Post Meeting Survey to share your thoughts and feedback. The link is posted in the chat and will be sent out via email.
- Any feedback and or questions, contact [nhap@connecticutchildrens.org](mailto:nhap@connecticutchildrens.org)